

<b>Physiotherapy</b>	45 min	£49.50
	30 min	£33
	10 min	FREE

The initial physiotherapy appointment takes up to 45 minutes and is charged at £49.50.

Follow-up treatment takes up to 30 minutes and is charged at £33.

You are welcome to book in for a 10 minute free appointment to determine if physio is appropriate for your condition.

All major private health insurance companies accepted. Please check with your health provider or contact us if you have any queries about insurance recognition. Your authorisation number is required before treatment.

Payment is made at the gym reception.

24 hours notice of cancellation is required otherwise a charge of £20.00 is payable.

### **Ginny Clother**

Bsc (Hons)Phys, Msc Adv Phys,  
MACP MCSP  
HCPC Registered

Vodafone Fitness & Wellbeing Centre:  
Edison House, The Connection,  
Newbury, Berkshire  
RG14 2FN

For bookings or enquires please call:

0300 123 0823

Email

[Ginny.clother@nuffieldhealth.com](mailto:Ginny.clother@nuffieldhealth.com)

## Physiotherapy



Vodafone Fitness & Wellbeing Centre

Edison House, Vodafone HQ

## Physiotherapy

As experts in anatomy, Nuffield Health Physiotherapists are at the forefront of treating musculoskeletal pain.

Physiotherapy techniques include a thorough biomechanical assessment. Treatment may include exercises, manual therapy (including joint mobilisation or manipulation, myofascial release) and advice. Your treatment will be unique to your specific needs.

There is a FREE 10 minute appointment available, which will tell you whether or not Physiotherapy is appropriate for your condition.

All major private medical insurance is accepted. Family members can be seen but employees will need to sign in and host them as a visitor to the campus. If it is your first appointment please arrive 5 minutes early

## Physiotherapy

Ginny gained a first class BSc (Hons) In Physiotherapy from Kings College London in 1999 and an MSc in Advanced Physiotherapy from University College London in 2005.

She worked in NHS Hospitals initially in London, followed by Kent for a total of seven years. During this time she held a weekly clinic at the British Association for Performing Arts Medicine working with actors, dancers and performers. She then worked in private practise in Wiltshire for almost 5 years seeing clients with sports injuries, work related problems, and post accident and surgery.

She joined Nuffield Health at the Vodafone site in September 2010.

She holds a BWY Yoga Teacher Training Diploma gained in 2012.

**Ginny is available**

**Monday 10.00-18.30**

**Wednesday 08.00-16.30**

**Thursday 08.00-16.30**

**Please call**

**0300 123 0823**